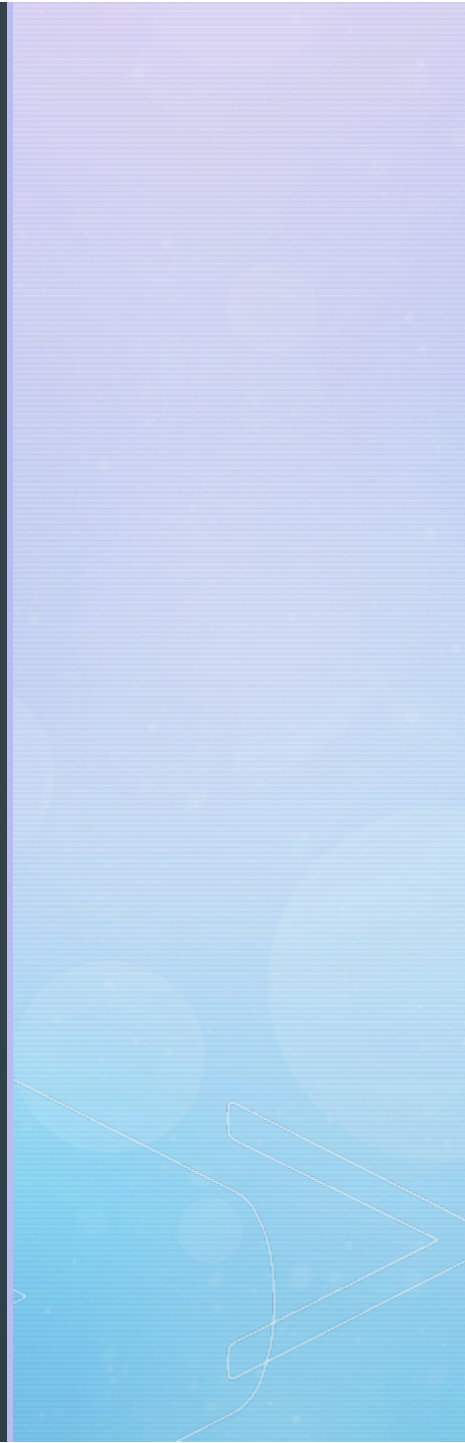


Thom Stecher & Associates

Chester County Intermediate Unit



Social Emotional Learning Connection





*Social Emotional
Learning*

CONNECTION

*A Systematic Process for
Organizational Change*



Pair – Share - Connect

"It is only with the heart
that one can see rightly;
what is essential
is invisible
to the eye."

-The Little Prince



What Is Essential?

What is your
greatest hope?



What is your
primary
responsibility?

IT STARTS WITH
you!



Social Emotional Learning



Self-Awareness

- The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."
 - Identifying emotions
 - Accurate self-perception
 - Recognizing strengths
 - Self-confidence
 - Self-efficacy

Social Emotional Learning



Responsible Decision Making

- The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.
 - Identifying problems
 - Analyzing situations
 - Solving problems
 - Evaluating
 - Reflecting
 - Ethical responsibility

Social Emotional Learning



Relationship Skills

- The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.
 - Communication
 - Social engagement
 - Relationship building
 - Teamwork

Social Emotional Learning



Social Awareness

- The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.
 - Perspective-taking
 - Empathy
 - Appreciating diversity
 - Respect for others

Social Emotional Learning



Self-Management

- The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.
 - Impulse control
 - Stress management
 - Self-discipline
 - Self-motivation
 - Goal setting
 - Organizational skills

▶ **Power
of
Integration**



The Power of Integration

Increases...

- capacity for learning
- mastery of subject material
- motivation to learn
- commitment to school
- time devoted to schoolwork



Hawkins et al. 1999
Malecki & Elliot 2002
Bridgeland, Dilulio, & Morison 2006

The Power of Integration

Decreases...

- suspensions
- expulsions
- grade retentions



Hawkins et al. 1999
Malecki & Elliot 2002
Bridgeland, Dilulio, & Morison 2006

The Power of Integration

"Gains of 11 to 17 percentile points on achievement tests indicate that SEL programs offer students a practical educational benefit."



Payton et al. 2008

Content Sessions

8am-3pm (lunch provided)

- September 20 Social Emotional Learning: Theory, Research, & Practice
- November 15 Closing the Achievement Gap
- January 9 Comprehensive Behavioral Health and Wellness Prevention and Intervention Programming
- February 4 Mental Health: The Characteristics and Impact of Adverse Childhood Experiences
- March 13 Resiliency and Wellness: Building Assets in our PK-12 Students
- April 16 Mindfulness Approach to Social Emotional Wellness and Youth Development

Data Sessions

8am-3pm (lunch provided)

- October 16 Initial Data Collaboration
- May 16 Strategic Planning Data Collaboration

All sessions held at Chester County Intermediate Unit

Specialty Sessions

Parallel Sessions 9am-10:30am

November 15 High School Students - 4 student attendees per district

January 9 School Counselors & Nurses - 5-8 attendees per district

February 4 Parents - 5-8 attendees per district

March 13 Middle School Students - 4 student attendees per district

April 16 Paraprofessionals - 5-8 attendees per district

Student Voice Session

November 28 8am-3pm - 4 High School Students and 4 Middle School Students

9am-12pm - 4 Upper Elementary School Students

All sessions held at Chester County Intermediate Unit



What is Social Emotional Leadership?






Self-
Awareness

**Modeling
Trust**

Relationship
Skills



“The true social benefit of trust is reciprocal... For trust to serve the individual and the group, it must be shared”.

Sinek, 2014, p. 74



Paul Zak

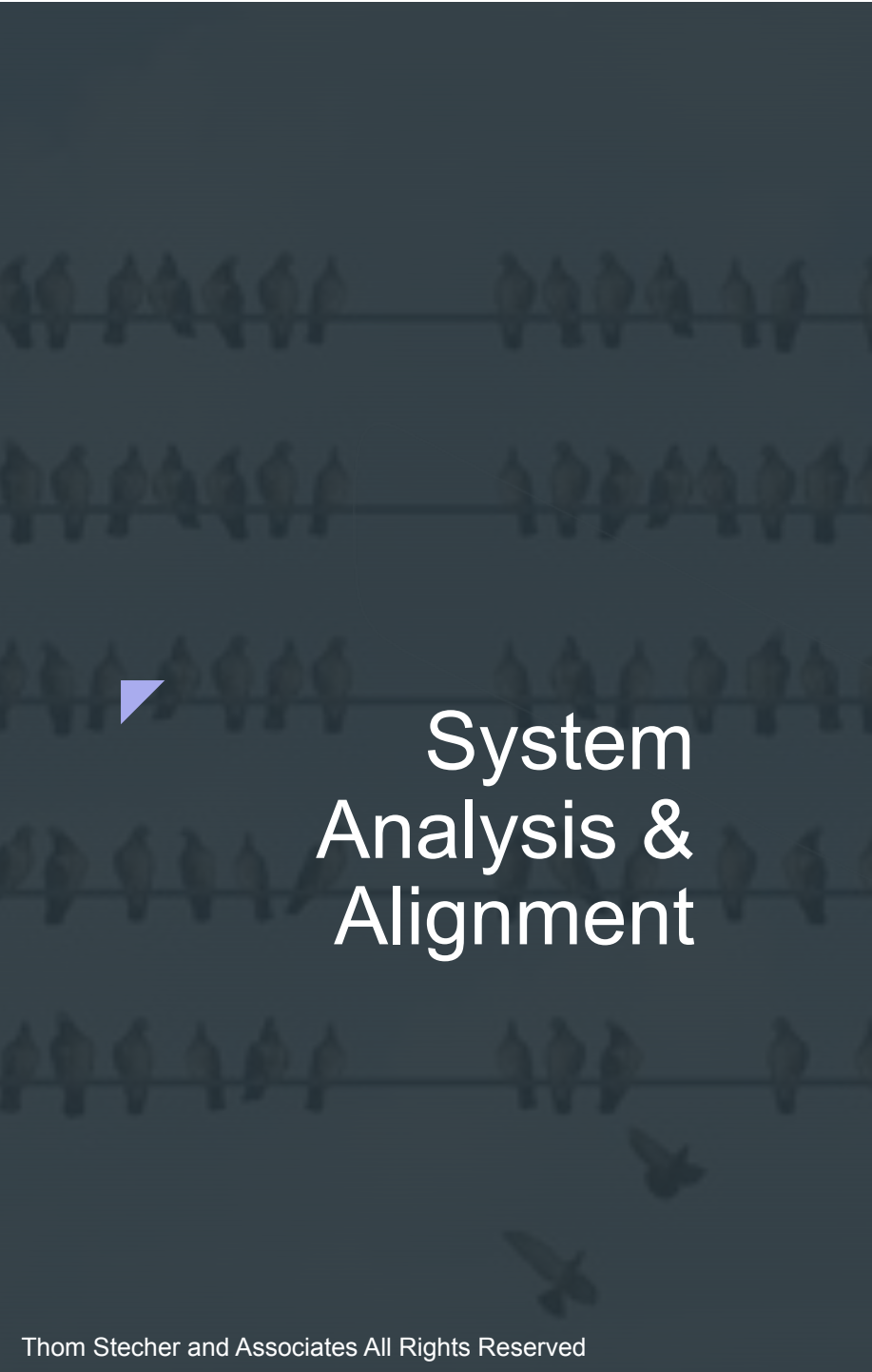
The Trust Factor



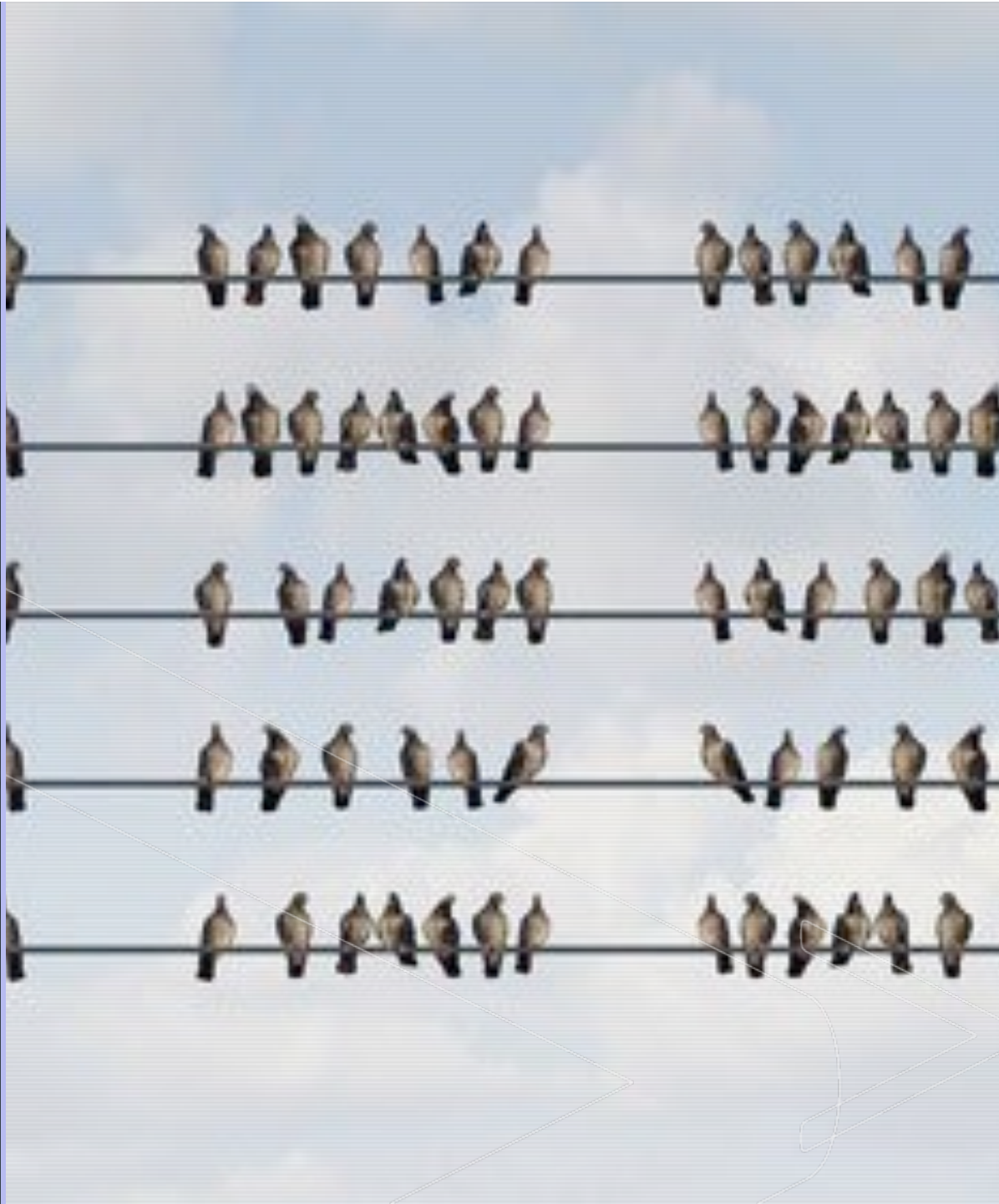
Relationship
Skills

**Systems
Analysis &
Alignment**

Responsible
Decision-
Making



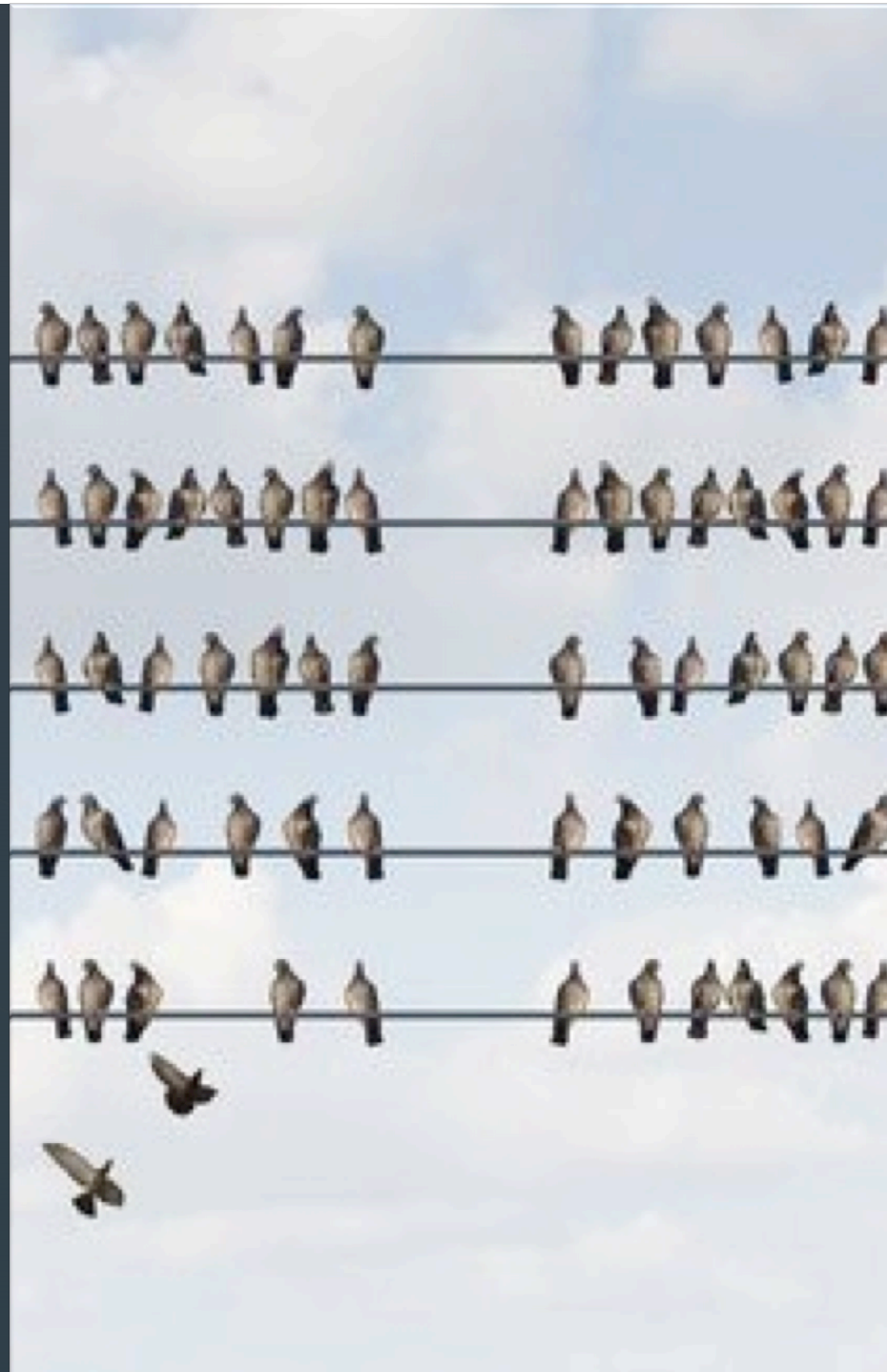
System
Analysis &
Alignment

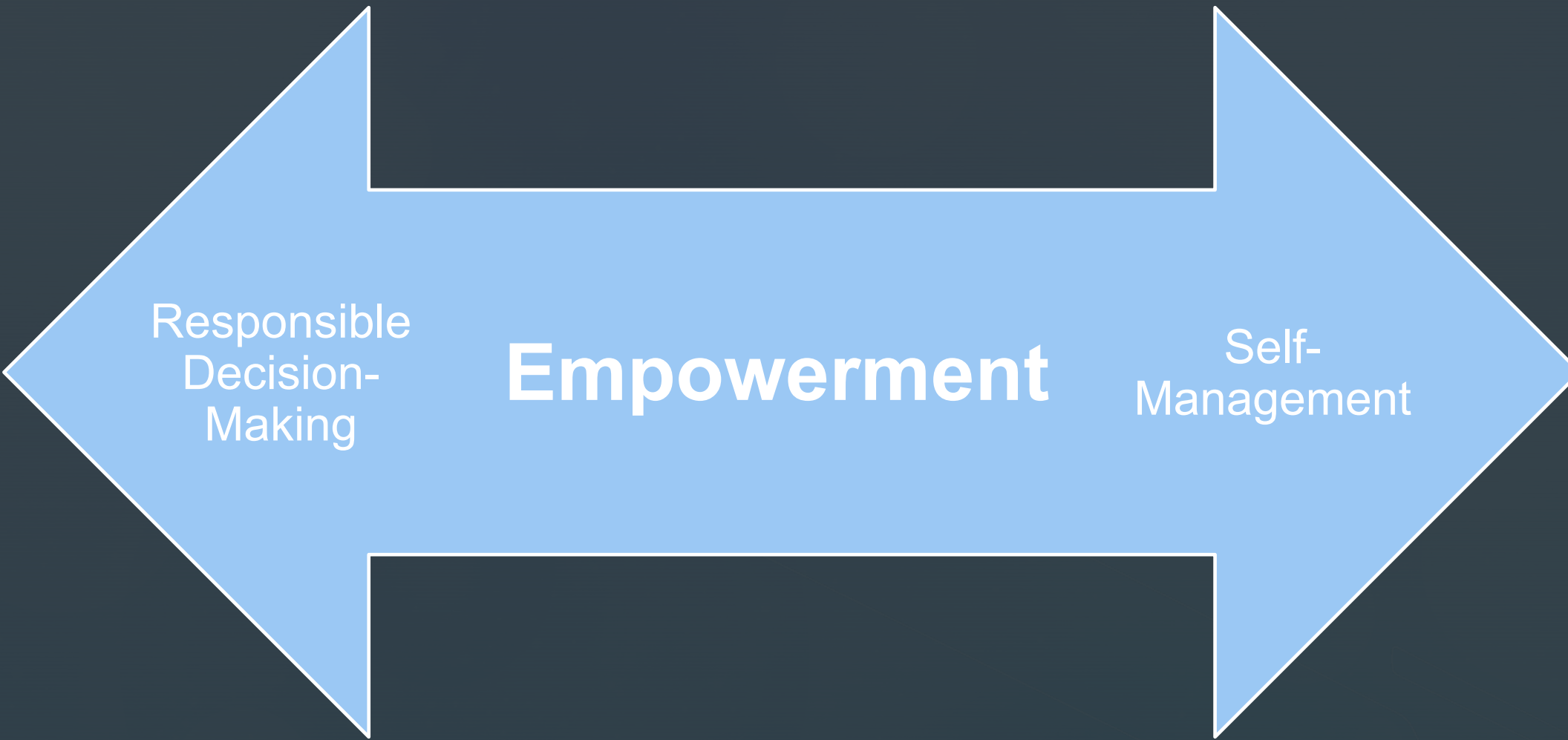


System Analysis & Alignment...

... is the discipline where people learn to better understand human interdependency in the process of change.

- Senge, 2012





Responsible
Decision-
Making

Empowerment

Self-
Management



Empowerment

Empowerment

- Emotional Safety
- Voice and Story
- Sharing of Expertise



WHAT EXACTLY
AM I SUPPOSED TO
DO TO THIS GUY?

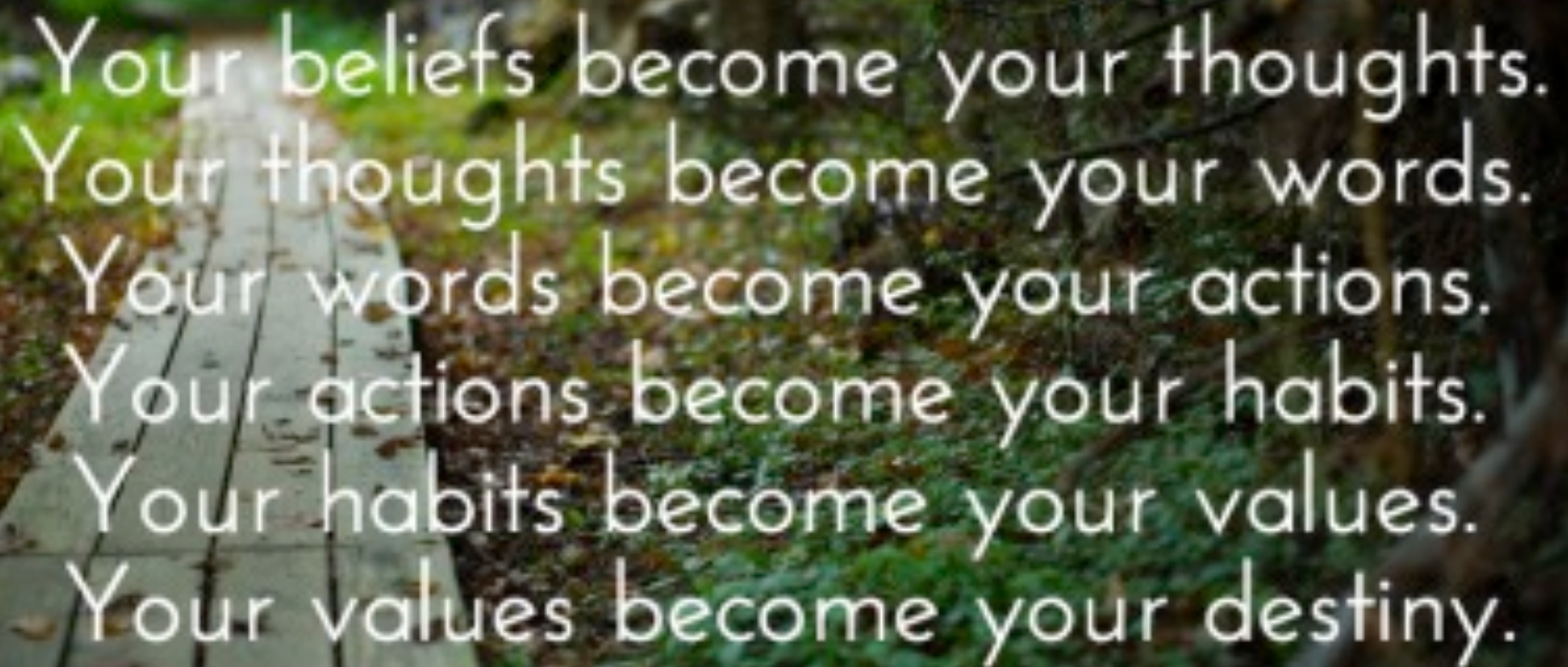




Self-
Management

**Ethics in
Practice**

Social
Awareness

A photograph of a wooden boardwalk path winding through a forest. The path is made of light-colored wooden planks and is surrounded by green foliage and trees. The text is overlaid on the right side of the image.

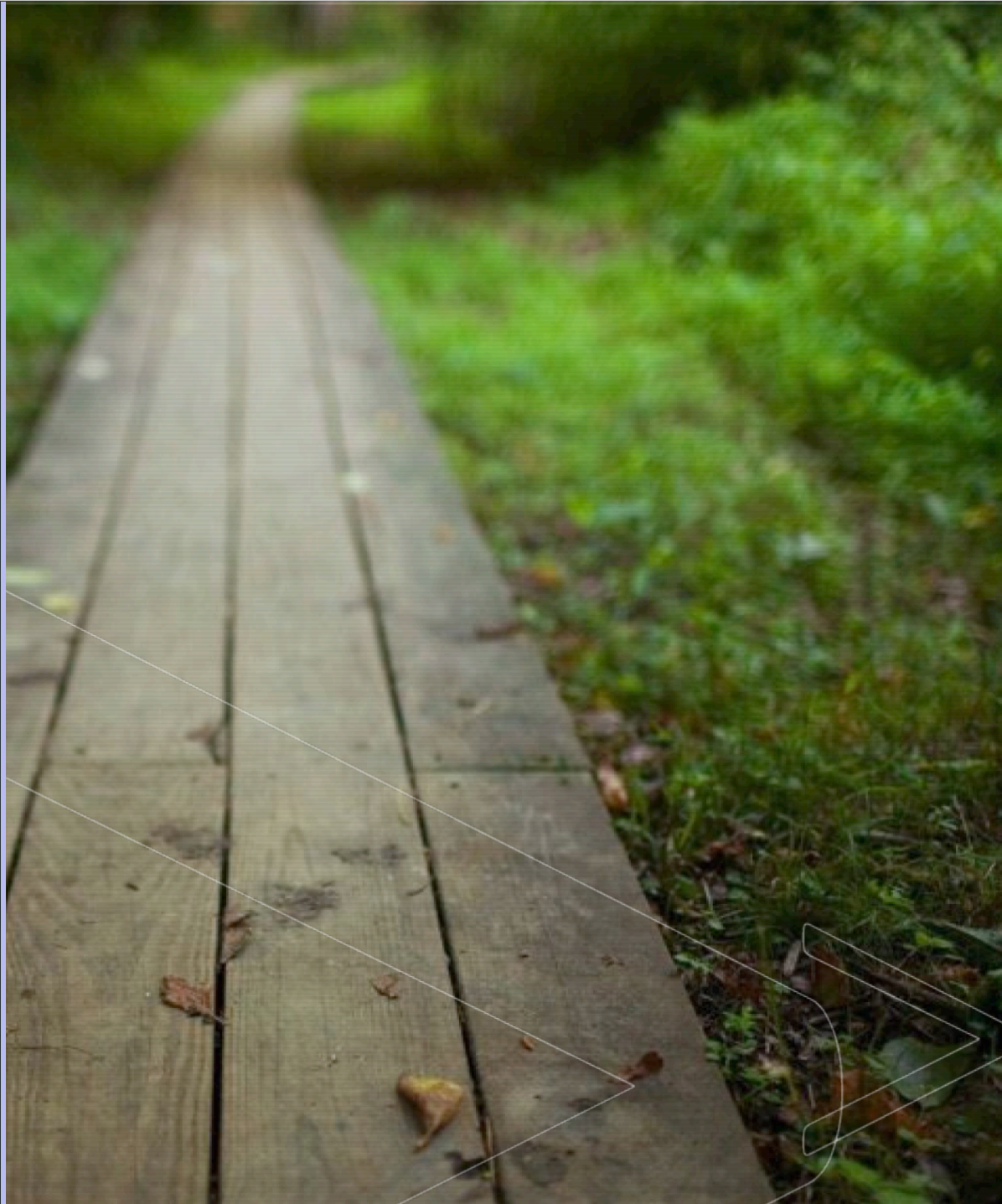
Your beliefs become your thoughts.
Your thoughts become your words.
Your words become your actions.
Your actions become your habits.
Your habits become your values.
Your values become your destiny.



Ethics in Practice

▲
“Authentic ethical
leaders believe
deeply in people and
their abilities to make
ordinary things into
great things.”

Starratt, 2004, p. 7





Social
Awareness

**Emotional
Connection**

Self-
Awareness

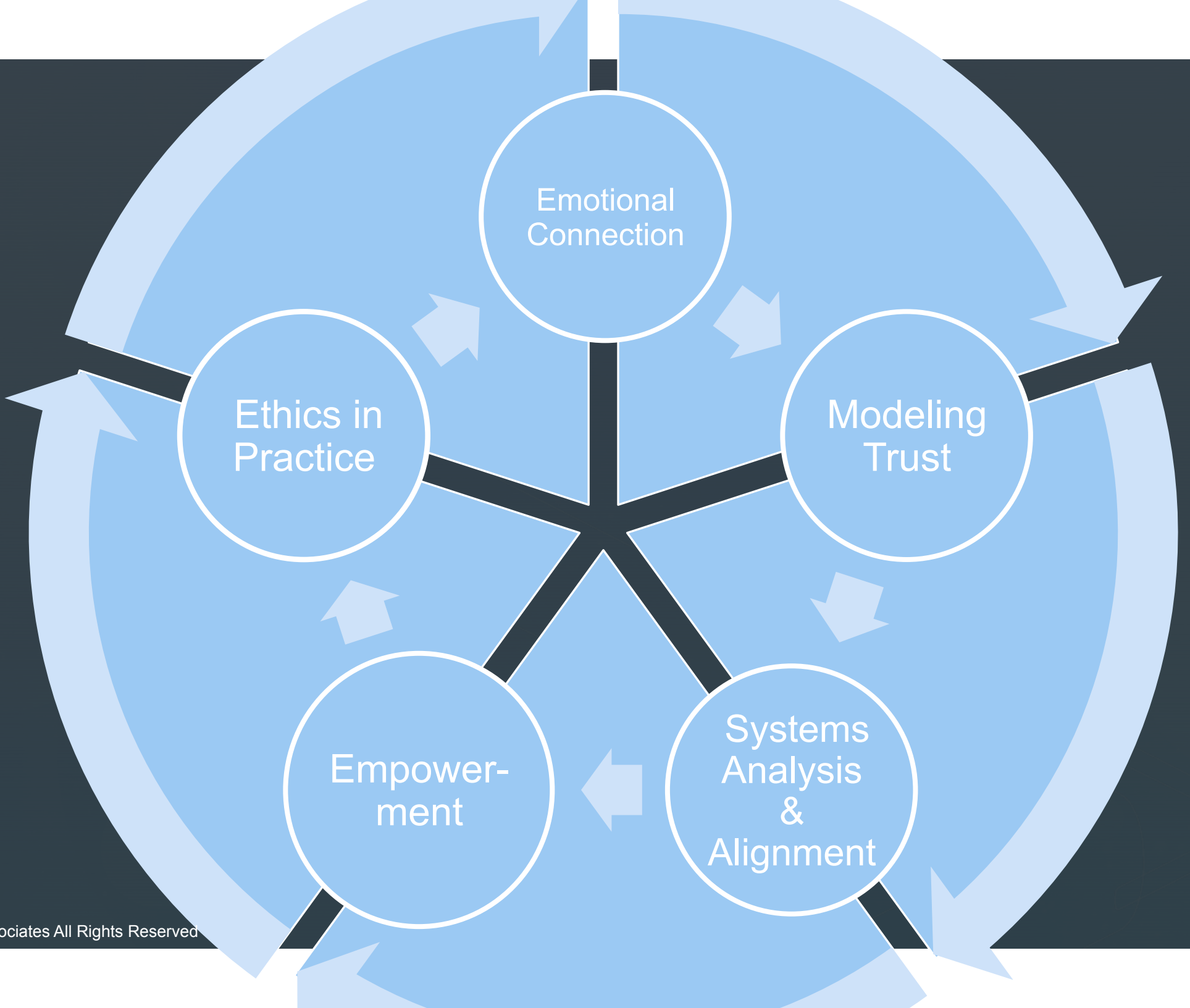


Emotional Connection



Emotional connection, belonging, shared values, and a deep sense of empathy dramatically enhances trust, cooperation, and problem solving.

- Sinek



IMAGINE
WHAT IS
POSSIBLE

Thom Stecher & Associates

Chester County Intermediate Unit



Social Emotional Learning Connection

